

October 2022



Newsletter

Welcome to October



Crystal Green FDC would like to welcome you to the October issue. Firstly, we would like to thank all our Educators for their hard work and dedication to their care service. We are ever so proud of our Educators for the quality care and education they have been providing.

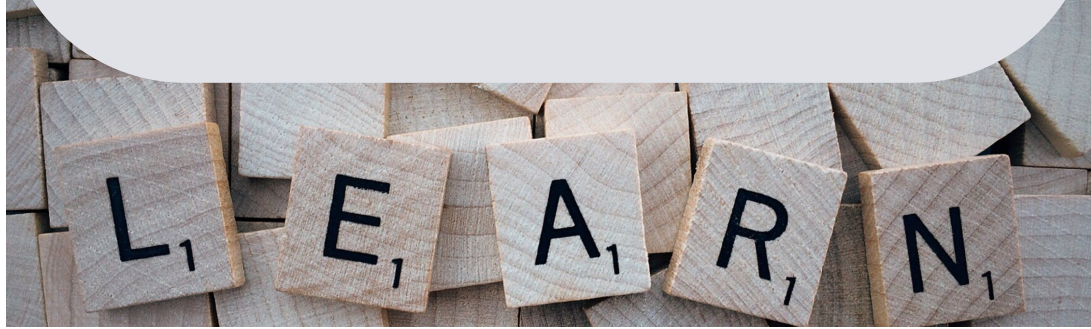
We are pleased with the positive feedback of recent professional development training and it is evident that many of you have been implementing the strategies learnt from these training sessions. On 10th October it was World Mental Health Day 2022 and we were glad to see many of you taking this opportunity to spark important conversations about mental health and wellbeing. Its now Children's Week, 22-10th October. If you already do not know about this week, you will find information and other resources in this newsletter. We would love to see you share photos of how you celebrate this week.

It is nearing the end of the year which means all Educators will have started preparing for each of their children's' summative reports. You should be proud of yourselves in the role you have played in each child's growth and development.

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Children's Week 2022 22—30th October



Children's Week is an annual celebration that is observed in October. This year, Children's Week runs from 22—30th October. This celebration recognises that all young people can participate and make valuable contributions to the society they live in. A new theme is chosen every 2 years.

This year the theme is based on UNCRC Article 27;

All children have the right to an adequate standard of living including house, food and clothes that support their development." Article 27 identifies children's development being inclusive of their physical, mental, spiritual, moral and social development.

According to National Children's Mental Health and Wellbeing Strategy from the Australian Government National Mental Health Commission, "half of all adult mental health challenges emerge before the age of 14 and more than 50% of children experiencing mental health challenges are not receiving professional help".

For those of you who have entered in the NSW Children's Week Art Competition, winners will be announced during this week on ACYP's social media. Good Luck !!!





A Big Person's Guide to Celebrating!

Children's Week is an annual event celebrated across Australia around the 4th Wednesday in October every year!

Children's Week celebrates the right of every child to enjoy childhood and focuses attention on children, their rights and achievements.

Everyone can get involved, parents, aunts, uncles, neighbours, teachers, friends...

So here are 10 THINGS to do in Children's Week to CELEBRATE the special kids in your life!

1

PACK A PICNIC and go find a grassy place in the shade and enjoy a picnic lunch.

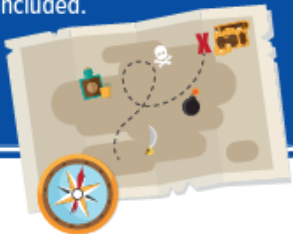
You can post a photo of your picnic on our facebook page.



2

PLAN A TREASURE HUNT

Think about the clues you can give and the treats that will be included.



3

ORGANISE A MOVIE AFTERNOON

Use the films/ recordings of the littlest people in your life, or share the old recordings of the big people when they were little!

Don't forget to make popcorn, serve ice cream and dim the lights!



4

DECORATE YOUR HOUSE OR FRONT GATE

with balloons and signs. You can make your own bunting to hang - there are lots of templates on the internet.

5

PLAN A FULL WEEK OF BEDTIME STORIES

about children or a full week of your favourite stories from childhood. Visit your local library for ideas and to borrow.



6

COLLECT CHILDHOOD PHOTOS OF ADULTS

that your children know and play a game of "Guess Who". Match the child to the adult. If playing all together, get each adult as they are matched correctly with their photo to share a favourite memory, game or funny story from their childhood.



7

GET OUT SOME FAVOURITE BOARD GAMES

and plan an evening in to play them. Better still, find your favourite board game from your childhood and play it with your favourite kids!



8

BAKE CUPCAKES TO SHARE

for your child's class or friends.

You could even insert a little Children's Week Flag in each of them.

Strawberry Shortcake



9

MAKE OR BUY A CARD & POST

to special children in your life.

Children may want to make and send cards to friends, so have card making session for adults and children then go for a walk to post them. Don't forget to buy some stamps beforehand!



10

WRITE A LETTER TO A CHILD YOU KNOW

telling them what is so special about them. Remember to think of qualities about their personality and skills rather than physical attributes.

Share your favourite memory of them and your wish for their future. If you like drawing or fancy yourself as a poet you can add more!



How will YOU celebrate Children's Week?



#Children'sWeek

#Celebratechildhood

An initiative of NSW Children's Week Council.
Children's Week is sponsored by



Australian Government

Department of Education, Skills and Employment

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Important Notifications



Australian Government
Department of Education

Floods Update

Support for more LGAs in NSW, period of emergency extended in NSW, Victoria and Tasmania

Please click on the following link:

<https://www.education.gov.au/early-childhood/announcements/floods-update-support-more-lgas-nsw-period-emergency-extended-nsw-victoria-and-tasmania>

Here, you will find a list of regions and timeframes where it has been declared a period of emergency for the early childhood education and care sector. You will also find information on how care services and families can access further support.





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